



**TARUN  
SARDESAI  
GOLF  
ACADEMY**

**InfiniT Golf**  
MORE THAN JUST A ROUND

# 5 DAY HIGH PERFORMANCE GOLF TRAINING CAMP WITH TARUN SARDESAI



## ABOUT TARUN:

Tarun is the founder of **Tarun Sardesai Golf Academy**, India's first and only high performance centre with an integrated approach to training elite athletes. He is a coach with conviction, vision and 25+ years of experience in the industry. Tarun is driven to build golfing talent from ground up with a high success rate in creating champions.

## ACCREDITATIONS:



**NGAI CLASS A**  
Certified Teaching Professional  
2011




**TPI Level 1**  
Golf Fitness Instructor  
2012



**TPI Level 2**  
Junior Golf Instructor  
2012




**Flightscope**  
Certified Professional  
2015



**Aim Point**  
Level 1 Certified Instructor  
2015



**Stack and Tilt**  
Network Instructor  
2017



**Dr. Kwon's Golf Biomechanics**  
Instructor Training Program Level 2  
2017



**Putting Solutions**  
Level 2 Certified Instructor  
2018



**Wedge Matrix**  
Course Attendee  
2018



**Spider Golf**  
Certified Instructor  
2019



**Scott Cowx**  
Certified Level 2 Instructor  
2021



**Mach 3 Speed Training**  
Certified Instructor  
2021



**Swing Biodynamics**  
Level 2 Certified  
2023



**Sportsbox 3DGolf**  
Level 2 Certified  
2024

## MAJOR WINS:

- 2013:** Aditi Ashok - All India Ladies Champion
- 2013:** Trishul Chinnappa - Nepal Amateur Champion
- 2014:** Trishul Chinnappa - All India Amateur Champion
- 2018:** Viraj Madappa - Youngest Asian Tour Winner
- 2019:** Aryan Roopa Anand - Singapore Junior Champion
- 2019:** Aryan Roopa Anand - All India Amateur Champion

- 2021:** Nirekh Tejawani - Sri Lanka Amateur Champion
- 2023:** Aryan Roopa Anand - PGTI Q-School Winner
- 2023:** Sumit Kotwal - Nepal Amateur Champion
- 2024:** Shaurya Binu - PGTI Vooty Masters - Winner
- 2024:** Subash Tamang - Surya Nepal Premier - Winner
- 2024:** Shaurya Binu - PGTI Mysuru Open - Winner



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# 40 HOURS OF TRAINING

## TECHNICAL TRAINING

### LONG GAME

- Iron play
- Fairway woods
- Driver

### SHORT GAME

- Baseline chipping
  - The baseline shot
  - Understanding trajectory and spin control
- Wedge play
  - Distance control
  - Launch angles and spin control
- Bunker Play
  - The baseline shot
  - Different lies

### PUTTING

- Understanding aim
- Getting to zero aim
- The 3 skills to putt your best - Green reading, Start line and Distance control

## SPECIALITY SHOTS

- Trajectory control
- Curvature control

## PERFORMANCE TRAINING

- Strategies to improve scores in competition through effective practice and preparation methods
- Body language
- Improving awareness on the course and in competition
- Simulations on the driving range and short game area
- Transitioning performance training into competition
- Documenting practice to build awareness
- Documenting mental state on the course in competition
- Performance stats and how they can help preparation and performance

## 2 SEMINARS: LIVING LIKE A CHAMPION

- Discipline
- Daily routines
- Fitness
- Nutrition
- Positive thinking
- Journaling
- Meditation

**VENUE:** Al Ain Equestrian, Shooting & Golf Club, UAE

**FEE:** AED 8000 per player

**DATE:** 14<sup>th</sup> - 18<sup>th</sup> October, 2024  
(Open to 12 players only)

### INCLUSIONS:

- 5 nights stay at selected hotel
- All meals
- Unlimited use of the practice facility and range balls
- 40 hours of training and supervised practice
- Two 9 hole on course sessions
- Transportation to and from the golf course

### FOR REGISTRATIONS CONTACT US:

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