

Finish Strong

EDITION #19 JAN/FEB 2025

Now also

coaching at C L O V E R G R E E N S Bangalore

WWW.TSGACADEMY.IN | #9986801888 I ZION HILLS GOLF COUNTY, KOLAR



Top news of the month

Our Annual Players Meeting is always very special because it sets the tone for the year. Our Director of Instruction, Tarun Sardesai uses this platform to remind students about what it takes to be on their chosen journey. The inspiring performers from 2024 were felicitated and given the customary TSG jackets. A fun Q&A and great dinner brought the evening to a memorable close.

3 tips

#CREATING CHAMPIONS

Use Technology and Statistics right, to help your game

Using a Launch Monitor?

Few imperatives that are more than enough to keep you on track: Club path - Face to path - Face to target - Impact off set This combination helps track inconsistency in start direction and improve your curvature control.

AOA - Dynamic loft - Launch angle - Spin Rate

This combination helps track your launch, carry and ball speeds which are imperative to distance control.

Using a Performance App?

You can structure your practice better by using some key data points:

a.Strokes gained: to see where shots were gained and lost.

b.Traditional statistics: FWS hit, GIR's, Scrambles & no. of Putts.

c.Miss patterns: for FWS, GIR's and Scrambles see if a pattern in one aspect is hurting another or does the aspect alone need work.

Doing Video Analysis?

Learn to video your swing and check positions. A video is a great way to track progress of any technical change you're working on. You can use 'Onform', or, to get more technical use 'Sportsbox' for a 3 dimensional look at your swing giving you an accurate image of each position.



"You can't manage what you don't measure" **Source Unknown**

"In god we trust, all other must bring data" **W.Edwards Demings**



Do you take measuring and tracking progress seriously?



Tarun Sardesai Director of Instruction

First and foremost

Every year it is with immense pride that we felicitate our players who have been either an inspiration for their work ethic, for the odds they have overcome or the barriers they have broken.

Our winners

Player of the Year: Shaurya Binu Amateur of the Year: Suraj Joshi Junior of the Year: Shamit Dakhane

Awardees for Grit & Determination

Manvi Singhania Dia Cris Kumar Ananthi Vivek Advay Bagla Nilofer Sivamoorthy Vivaan Ubhayakar

With the PGTI qualifying season having started, I would like to wish all our players the best of luck.







EDITION #19 NOTABLE MENTIONS **JAN/FEB 2025**

A SALUTE TO OUR YOUNG SPORTSMEN WHO GRIND EVERYDAY TOWARDS A DREAM



BIENDSI

Dia Cris Winner: A Category **IGU South Zone Bangalore Golf Club**

> Saharsh lyer 2nd Runner-Up: A Category IGU South Zone Bangalore Golf Club

Isha Rajesh Runner-Up: C Category IGU South Zone **Bangalore Golf Club**

Runner-Up: C Category Head Start Friendship Games Karnataka Golf Association

Ryan Advik Runner-Up: D Category Monthly Medal **Bangalore Golf Club**

2nd Runner-Up: D Category Head Start Friendship Games Karnataka Golf Association



Dia Cris Runner-Up: Faldo Series Srilanka 2025



Shamit Dakhane Runner-Up: Faldo Series Srilanka 2025 With Gratitude CYCLE.in ZION HIIIS

NR



GREENS TO GLORY Elite Juni olf Tournament #



Manvi Singhania Winner: Greens to Glory Elite Jr. Golf Tournament Classic Golf & Country Club



Vivaan Ubhayakar Third place: Faldo Series Srilanka 2025









b Chola

TARUN SARDESAI GOLF ACADEMY

CLOVER

GREENS

NEWS ABOUT WHAT'S HAPPENING AT TSG'S SATELLITE PROGRAM











School Program

Indus International School and The International School of Bangalore have partnered with us to introduce golf to their boarders.

Term 2 has started with a bang! Looking forward to more and more kids joining the fun.

Players Meeting

Every month, our Players Meeting focuses on a new aspect of learning in the classroom for our young golfers. It's a great way for them to participate in a discussion with the others and exchange thoughts.

This time, for those new to the game, we covered:

- 1. Basic terminology
- 2. Rules, and,
- 3. How the scoring system works

The intermediate and advance students in the Junior Program learnt about mental toughness and why it is required while playing competitively. Instead of the obsessing over outcome, mentally tough players can stay focused on executing their game plan and sticking to their process, which increases their chances of performing well.

Intensive Training Session

Youngsters aspiring to take their golf to the next level, need to know what it is like to train like a high performance athlete. To do this, they go through a rigorous training session of 5 hours under the expertise of a TSG High Performance coach.

Learning different methods of practice for the long and short game, and following it up on the course alongside course management techniques was the focus in January.

